

# BAME Commission

Research on causes of health inequalities  
amongst BAME communities

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# Overview



**Synthesis:** ongoing synthesis of current and recent local research on the topics of focus

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**Data:** collation of health data to complement the community participatory work (part of the outcome of this work will also be describing where there are gaps in the data where we believe there are likely to be inequalities). There are ongoing difficulties in accessing relevant robust data which is disaggregated by ethnicity

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**Interviews with key community leads:** twelve interviews have been undertaken with key figures who have resident-facing roles within diverse communities in Tower Hamlets – hypotheses generated from these are informing the community participatory stages of the research

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**Focused piece on vaccine inequities and lack of trust:** this piece of work is currently being commissioned. The focus for these workshops/focus groups will be to work with Black Caribbean residents, Somali residents, French-speaking Black African residents, and other Black African residents

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**Community participatory piece:** The Young Foundation has been commissioned to work closely with us on this piece of work. Kick off meeting took place in January and recruitment, mapping, and desk research currently underway (more detail about this approach on next slide)



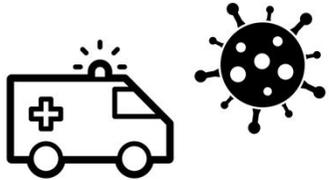
# Community participatory work



- Action-focused and resident led
- Proposed methodology is based on co-creating insights with BAME communities on what will facilitate trusting relationships between residents and service providers
- Minimum quotas for inclusion of residents based on the different ethnic groups within the borough including East-African, Somali, Black Caribbean, Bangladeshi, Chinese and Vietnamese communities
- Extensive plan to reach residents who we do not usually hear from and who have been categorized as 'hard-to-reach'
- Three core phases of research:
  - 1) Engagement and recruitment – this will include additional interviews where we have gaps/need to cultivate relationships with community 'gatekeepers' and also a desk review of research to serve as a stimulus for the workshops
  - 2) Community participation: two online and one face-to-face facilitated workshops with participants (minimum of 30 residents)
  - 3) Final face-to-face facilitated collaboration workshop – a half-day workshop with residents and service providers coming together and finalizing recommendations
- Final report to contain resident-led recommendations on how to rebuild trust between health service providers and communities in Tower Hamlets



# Workshop outline



**Workshop 1** will examine residents' experiences of health services throughout the pandemic and how residents feel their ethnicity impacts on how they now use and perceive health services. Using a visual method, we will ask participants to think about:

- What they would remember about health services from the pandemic
- How they felt health services supported them during the pandemic
- What they would like to keep
- What they would like to bin



**Workshop 2** will examine barriers and facilitators to trust between service providers and residents, including how trust may have been lost during the pandemic and how grief and loss may have impacted on this. We will deepen existing insights on trust and generate initial hypotheses. We will ask the participants to add their experiences of health services to a full-size drawing of a river utilising the following symbols:

- Where the river 'springs' - the start of the time period being explored
- Smooth waters - when things are going well
- Bends - times of change or transition e.g. the pandemic
- Tributaries - where new things join the main river (perhaps the birth of a child, new home etc.)
- Boulders, rapids and waterfalls - times of challenge and difficulty e.g. the death of a loved one



**Workshop 3** will examine how we can generate or restore trusting relationships between services and Black, Asian and Minority Ethnic residents. Synthesising the discussions from the previous two workshops, participants will be presented with change cards to encourage them to think about how to generate or restore trust. Final resident recommendations on how to generate or restore trust will be made collectively through consensus



## Final workshop

One face-to-face facilitated collaboration workshop – will be a half-day workshop with residents and service providers in the same room. The workshop will start with service providers presenting their position – challenges and opportunities of running their services. Using world café style discussions, combined groups of residents and service providers will start on one table with residents presenting discussions and future scenarios to the service providers. The service providers will rotate round the tables so that all residents speak to all service providers and vice versa

